

## Enderby Road Infant School and Nursery

### PSHE Book Recommendations 2021-22

| <u>Mental Health and Emotions</u>                                                                                                                                                                                                                                                                                                                                                                                                                                            | <u>Who Am I?</u>                                                                                                                                                                                                                                                                                                                   | <u>Hygiene</u>                                                                                                                                                                                                                                                                                                   |
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| <ul style="list-style-type: none"> <li>• A Day So Gray by Marie Lamba</li> <li>• The Worrysaurus by Rachel Bright and Chris Chatterton</li> <li>• Tomorrow I'll Be Brave by Jessica Hische</li> <li>• My Monster and Me by Nadiya Hussain and Ella Bailey</li> <li>• Ruby's Worry by Tom Percival</li> <li>• The Cloud by Hannah Cumming</li> <li>• The Colour Thief by Andrew Fusek Peters and Polly Peters</li> <li>• Pass It On by Sophy Henn</li> </ul>                  | <ul style="list-style-type: none"> <li>• Julián Is a Mermaid by Jessica Love</li> <li>• My Shadow is Pink by Scott Stuart</li> <li>• Why Am I Me? by Paige Britt</li> <li>• Petra by Marianna Coppo</li> <li>• Alma and How She Got Her Name by Juana Martinez-Neal</li> <li>• Kaya's Heart Song by Diwa Tharan Sanders</li> </ul> | <ul style="list-style-type: none"> <li>• Now Wash Your Hands by Matt Carr</li> <li>• Hugh Shampoo by Karen George</li> <li>• Tissue Please by Lisa Kopelike</li> <li>• Dirty Bertie by David Roberts</li> <li>• Small Elephant's Bathtime by Tatyana Feeney</li> <li>• Tusk Trouble by Jane E. Clarke</li> </ul> |
| <u>Resilience</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <u>Split Families</u>                                                                                                                                                                                                                                                                                                              | <u>Friendship</u>                                                                                                                                                                                                                                                                                                |
| <ul style="list-style-type: none"> <li>• When A Dragon Comes to Stay by Caryl Hart</li> <li>• The Most Magnificent Thing by Ashley Spires</li> <li>• After the Fall (How Humpty Dumpty Got Back Up Again) by Dan Santat</li> <li>• Sad, the Dog by Sandy Fussell &amp; Tull Suwannakit</li> <li>• She Persisted Around the World: 13 Women Who Changed History by Chelsea Clinton &amp; Alexandra Boiger</li> <li>• Ada Twist by Andrea Beaty &amp; David Roberts</li> </ul> | <ul style="list-style-type: none"> <li>• My Family's Changing by Pat Thomas</li> <li>• Last Stop on the Reindeer Express by Maudie Powell-Tuck</li> <li>• My Daddy is a Silly Monkey by Dianne Hofmeyr</li> <li>• My Daddy's Going Away by Christopher MacGregor</li> <li>• Mum and Dad Glue by Kes Gray</li> </ul>                | <ul style="list-style-type: none"> <li>• The Girls</li> <li>• A Letter to Amy by Ezra Jack Keats</li> <li>• Art &amp; Max by David Wiesner</li> <li>• The Bear and the Piano by David Litchfield</li> <li>• Life Without Nico by Andrea Maturana</li> <li>• Little Beauty by Anthony Browne</li> </ul>           |
| <u>Race</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | <u>Gender Stereotypes</u>                                                                                                                                                                                                                                                                                                          | <u>LGBT Relationships &amp; Different Families</u>                                                                                                                                                                                                                                                               |

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| <ul style="list-style-type: none"> <li>• <i>Sulwe</i> by Lupita Nyong'o</li> <li>• <i>The Colors of Us</i> by Karen Katz</li> <li>• <i>Amazing Grace</i> by Mary Hoffman</li> <li>• <i>The Proudest Blue</i> by Ibtihaj Muhammad</li> <li>• <i>Hair Love</i> by Matthew Cherry &amp; Vashti Harrison</li> <li>• <i>Little Glow</i> by Katie Sahota</li> <li>• <i>Sunflower Sisters</i> by Monika Singh Gangotra</li> <li>• <i>Antiracist Baby</i> by Ibram X. Kendi</li> <li>• <i>I Am Brown</i> by Ashok Banker</li> </ul> | <ul style="list-style-type: none"> <li>• <i>Feminist Baby</i> by Loryn Brantz</li> <li>• <i>Stories for Boys Who Dare to Be Different</i> by Ben Brooks</li> <li>• <i>Made by Raffi</i> by Craig Pomranz</li> <li>• <i>A Boy Like You</i> by Frank Murphy</li> <li>• <i>Drummer Girl</i> by Hiba Masood</li> <li>• <i>Little Kunoichi, The Ninja Girl</i> by Sanae Ishida</li> <li>• <i>Little Red</i> by Bethan Woollvin</li> <li>• <i>Ocean Speaks: How Marie Tharp Revealed the Ocean's Biggest Secret</i> by Jess Keating</li> <li>• <i>She Made a Monster: How Mary Shelley Created Frankenstein</i> by Lynn Fulton</li> </ul> | <ul style="list-style-type: none"> <li>• <i>Pirate Mums</i></li> <li>• <i>Prince and Knight</i></li> <li>• <i>And Tango Makes Three</i></li> <li>• <i>Under the Love Umbrella</i></li> <li>• <i>Baking With Dad</i></li> <li>• <i>Red: A Crayon's Story</i> by Michael Hall</li> <li>• <i>Perfectly Norman</i> by Tom Percival</li> <li>• <i>Introducing Teddy</i> by Dougal MacPherson and Jessica Walton</li> </ul> |
| <b><u>Growing and Changing</u></b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <b><u>Keeping Safe</u></b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <b><u>Grief &amp; Loss</u></b>                                                                                                                                                                                                                                                                                                                                                                                        |
| <ul style="list-style-type: none"> <li>• <i>Mama's Belly</i> by Kate Hosford</li> <li>• <i>Peter's Chair</i> by Ezra Jack Keats</li> <li>• <i>Bobo and the New Baby</i> by Rebecca Minhsuan Huang</li> <li>• <i>Mummy Goes to Work</i> by Kes Gray</li> </ul>                                                                                                                                                                                                                                                               | <ul style="list-style-type: none"> <li>• <i>My Body Belongs To Me</i></li> <li>• <i>by Jill Starishevsky</i></li> <li>• <i>Not Everyone Is Nice</i> by Frederick Alimonti</li> <li>• <i>Some Secrets Should Never Be Kept</i> by Jaynee Sanders</li> <li>• <i>The Recess Queen</i> by Alexis O'Neill</li> <li>• <i>Once Upon A Dragon</i> by Jean E. Pendziwol</li> </ul>                                                                                                                                                                                                                                                           | <ul style="list-style-type: none"> <li>• <i>The Rabbit Listened</i> by Cori Doerrfield</li> <li>• <i>Grandads Island</i> by Benji Davies</li> <li>• <i>Missing Mummy</i> by Rebecca Cobb</li> <li>• <i>The Memory Tree</i> by Britta Teckentrup</li> <li>• <i>Rabbityness</i> by Jo Empson</li> </ul>                                                                                                                 |